

UNOLS-MATE INTERNSHIP PROGRAM

Strategies for Supporting Mentors: A Brainstorming Session

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Before the internship starts

- Meetings with Program Manager, Crewing Support Manager, Mentors, former MATE Interns, and other Marine Technicians
 - Introductions, requirements, documents
 - Life and work balance on board research vessels
 - Background, cruise goals, daily tasks and expectations
 - Packing, travel logistics (TWIC card), answer questions
- Interns complete online learning assessment with resources:
 - Oceanographic instruments;
 - Critical duties of marine technicians;
 - Appropriate behavior of shipboard personnel;
 - Maritime definitions related to UNOLS vessels; and
 - Marine safety on UNOLS vessels.
- Interns watch MERAS Shipboard Civility & UNOLS Safety Videos
- Interns complete Marine Technician Skills Self-evaluation

During and after the internship

- Ongoing communication with PM and other Marine Techs
- Discuss/sign Internship Agreement
 - Outlines Intern, Mentor and Program Manager obligations
- Develop/sign Internship Work Plan
 - Outlines projects, tasks, skills, evaluation criteria
- The mentor provides interns with
 - Safety protocols, onboard training and safety drills
 - Technical training and ongoing support
 - Regular check-ins, answer questions
- Mentor reviews/signs Marine Tech Skills Self-Evaluation Form
- Mentor offers final feedback
- Career development component
 - Reflect on experience
 - Informational Interview
 - 5-Year Career Plan
 - Update employment documents

What do Mentors need to provide adequate support for Interns while meeting shipboard responsibilities?

1. What challenges do mentors face?
2. What assistance and/or resources do mentors need?
3. What should be included in a Mentor Resource Guide?

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