

# Telehealth in Practice

ALEX CULLEN, BA, NRP, FP-C, CCP-C

DIRECTOR OF INNOVATIVE PRACTICE

DEPARTMENT OF EMERGENCY MEDICINE



### Who we are

- Established in 1989 and continuously running 24/7/365
- •Call Center is Located in Washington, DC near Washington Circle
- Technology Agnostic Medical care and advice
- •All Physicians are Emergency Medicine Board Certified
- •All operators are EMTs at a minimum
- •All Maritime Staff have a clinical background, even the accountant
- Servicing Maritime and Austere Environment
  - UNOLS, Global Shipping, Commercial Fishing, Oil/Gas, Wind, and Private Yachts
  - Dept of State, Peace Corps, Dept of Defense,



## Tele-presentation Tips

### Collect Consider Adapt Attempt Collect basic Consider collection Attempt to make call Adapt process for of medical history allowing the patient information and and patient evaluation in the to speak with MMA **SAMPLE History** prior to voyage prior to call directly same space



# Taking Better Medical Photos

- Take at least 4 photos
- •Consider augmenting the light source (up or down)
- 1st at focal length of camera (close)
- 2nd for scale and location
- 3rd & 4th from opposing perspectives
- Bandwidth for a quick video transmission



## **UNOLS** Cases

- **-**137 Cases in 2022
- About 50% Science versus Ship's crew
- Eye injuries & Tooth complaints
- -August, March, & November increases noted
- Average Case 7 contacts
  - Maximum in period 33
  - Minimum in period 1

## gwmma@gwmaritime.com

# acullen@mfa.gwu.edu

